**Insulin Administration during Betamethasone Administration in Pregnancy/Nursing Guide**

Monitor and document CBGs results on worksheet

Fasting, before each meal, 1 hour after (first bite) each meal, HS and 3AM. (8pts/24hr)

In the event of hypoglycemia: follow policy: *Management of Diabetes in the Perinatal Patient: Appendix F for Management of Hypoglycemia*

Upon completion of BMZ: place worksheet in the labeled folder in office

Utilize the ‘comments’ section to record patient events.

**General**

Diet order

Consistent Carbohydrate

Meal times: 8AM/1PM/6PM/9PM

**Wait 2 hours after basal insulin is delivered**

**BEFORE first dose of BMZ**

Decide on the Algorithm for Insulin Administration Worksheet

According to

Single basal, BID basal or CSII (insulin pump) Regimen

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**Premeal (bolus) insulin administration**: All premeal bolus doses to be administered ***15 minutes PRIOR*** to eating as similar to HOME regimen.

If premeal CBG ≤ 70. Premeal bolus dose should be given and patient to immediatley eat.

**Basal Insulin administration:**

Lantus, Levemir, NPH doses to be administered AM, PM or HS as similar to insulin HOME regimen.

Administer insulin per physician’s orders

Administer insulin to thighs and abdomen ONLY

**Diet**

**Insulin & BMZ Administration**

**CBG Monitoring**

Target glucoses:

Fasting/Premeal/3AM: 70-100

1 hour after meals: ≤ 140